



Charter of Rights

This Charter of Rights outlines what you, and others, can expect when engaging with Mental Health First Aid® in Australia. It also applies to everyone, in every place where our training is delivered, to ensure a safe, respectful and supportive experience.

Respect and Dignity

You have the right to be treated with respect, fairness, and dignity - regardless of your background, culture, identity, or mental health status.

Culturally Responsive Engagement

You have the right to education that is inclusive of culture, language, identity, and lived experience.

Safety and Support

You have the right to feel emotionally and psychologically safe during training and engagement.

Accessible and Inclusive Learning

You have the right to access education designed for diverse needs, including ability, language, and learning styles.

To Be Heard

You have the right to provide feedback, raise concerns, and have your voice acknowledged respectfully.

Privacy and Confidentiality

You have the right to expect that your personal information will be handled securely and ethically.

Quality and Evidence-Based Education

You have the right to training that is grounded in research and evaluation, and delivered by licensed instructors.

Non-Judgemental Learning

You have the right to explore sensitive topics in a supportive, respectful, and curious environment.

