

Global Impact Report 2025

Summary

Mental Health First Aid International is a global health promotion charity dedicated to providing evidence-based and evidence-informed education programs.

2025 marked 25 years since our establishment in Australia, a milestone reflecting our leadership in increasing mental health literacy, reducing stigma, and helping individuals develop the skills needed to encourage people to seek professional help. We are leading a global movement dedicated to prevention and early intervention, striving to reduce the impact of psychological distress and mental health problems in individuals, families, communities, educational settings and workplaces worldwide.



Since our founding in 2000



36 partners

delivering MHFA in 52 countries



8.9 million

people trained worldwide



59,400+

Instructors worldwide



Hosted the International Summit Global Connections, Global Impact in Vienna with partners from 25 countries to strengthen collaboration and celebrate 25 years of impact. His Excellency Ian Biggs, Australian Ambassador to Austria, was the guest of honour and keynote speaker.



Welcomed new global partners in the Cayman Islands (Addison Kelly Mental Health Education Fund), Trinidad & Tobago (KIND Kids in Need of Direction), Mongolia (MHFA Mongolia), Indonesia (Naluri) and Tunisia (Mediterranean School of Health).



Expanded into the Czech Republic and Ukraine through the League for Mental Health Slovakia, into Italy through Richmond Foundation Malta, and into 11 Pacific Island countries through Te Pou.

2025



1,010,632

new people trained globally



19

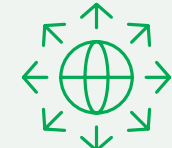
new countries joined the MHFA movement



Joined the US National Summit to celebrate 25 years of global MHFA and the milestone of 4 million people trained in the US.



Strengthened international ties through visits to partners across eight countries.



Launched the International Governance Working Group to explore strategies for global growth and sustainability.

Learn more mhfa.com.au

